



Menu

Homemade Panini

Available Cold, Grilled or Panzerotti (Fried)

Cheese & tomato: Mozzarella or cheddar or Vegan Cheese and fresh basil (V/VG)	£5.95
BLT: Bacon lettuce and tomato	£6.50
Ham & Cheese: Cheddar or mozzarella	£6.25
Chicken: with a Caesar dressing and parmesan	£6.50
Chicken: with bacon, avocado, cheddar	£7.95
Chicken special: with bacon, spinach, tomato, black olives and mozzarella	£8.95
Beef: with stilton	£7.50
Pork: with stuffing & apple sauce	£6.95
Beef burger: with onion, cheddar, or mozzarella	£6.50
Chicken burger: with onion, cheddar, or mozzarella	£6.50
Veggie / Vegan burger: Mixed veg and mixed seeds (V/VG)	£6.50
Hot dog: with onions	£5.50
Avocado: with Philadelphia or cheddar or mozzarella or vegan cheese (V/VG)	£6.25
Prawn cocktail: with Marie rose sauce *	£11.00
Crab cocktail: with Marie rose sauce *	£12.00

*AVAILABLE COLD ONLY

SALADS

Served with Crusty Bread

Greek Salad - Lettuce, tomato, onion, cucumber, olives, feta, with herb and oil dressing (V)	£9.95
Trawler Salad - Smoked mackerel, prawns, Newlyn crab, mixed salad and a cocktail sauce	£14.95
Hunter Salad - Ham, cheddar or stilton, lettuce, tomato, onion, pickle, Branston. apple & bread	£13.95

SIDES

Chips	£2.95	Chips with Cheese	£3.50	New Potatoes	£2.95
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(V) Vegetarian

(VG) Vegan

If you have a dietary need or wish to know allergy information, please ask your waiter/waitress



Menu

ITALIAN

Breads & Pizza Baked to a traditional Italian recipe

Bruschetta - Diced tomato, red onion, basil, olive oil, parsley, garlic, rocket, parmesan (V)	£5.60
Italian Dough Balls Served with a garlic or tomato dip (V)	£4.95
Breaded Mozzarella Served with an Italian tomato sauce (V)	£5.60
Focaccia Bread: Rosemary (V/VG)	£5.50
Pizza Garlic Bread (V/VG) £4.00	
With Cheese (V) £4.50	
Vegan Cheese (VG) £5.00	
Margherita - Tomato & Cheese mozzarella (V) £9.60	vegan cheese (VG) £10.00
Veggie Feast – Tomato, mozzarella, onions, peppers, sweetcorn & mushrooms (V) £10.50	vegan cheese (VG) £11.00
Pepperoni – Tomato, mozzarella & pepperoni	£9.95
Pollo - Tomato, mozzarella, chicken, sweetcorn & mushroom	£10.95
Hawaiian - Tomato, mozzarella, ham & pineapple	£10.95
Seafood - Tomato & mozzarella with prawns, mussel meat and calamari	£12.95

Gluten Free Pizza Base Available.

PASTA

Engineer - Chicken, tomato, mushroom & cream	£12.95
Ships Mate - Mixed fish & shellfish in tomato sauce and a hint of chilli	£17.95
Carbonara – Pancetta, linguine in a creamy cheese sauce	£11.95
Deck Hand – Tomato, garlic & mozzarella (V)	£9.95
Avocado Linguine – Avocado, mushroom, pesto in a creamy sauce, sprinkled with pine nuts & parmesan (V)	£10.95
Linguine Bolognese – Beef mince, garlic, onion, Italian herbs in a rich Bolognese sauce	£12.95
Lasagne – Ground Beef with layered with home-made pasta sheets in a rich Bolognese and bechamel sauce	£12.95

SIDES

Chips	£2.95	Chips with cheese	£3.50	Side salad	£2.95
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All our ingredients are locally sourced where possible

If you have a special dietary need or want to obtain allergy information, please ask your waiter / waitress



Starters

Breaded Mushrooms - Served with a garlic dip (V)				£5.95
Avocado salad (V/VG)	£5.95	with Crab	£8.95	with Prawns £8.45
The Lugger Famous Fish Chowder - Mussels, squid, monkfish, tiger prawns & crab				£10.45
Fresh Crab Au Gratin - Laced with white wine & cheese & wholegrain mustard sauce				£10.45
Mussels prepared as you wish with a choice of - Tomato & Garlic / Cornish Cider, Smoked Bacon & Cream/ White Wine, Garlic, Cream and Basil				£10.45
Tiger prawns - Pan fried in garlic & butter. Served with a side salad & bread				£10.45

SEAFOOD

Served as a Main with bread £19.50

Mussels prepared as you wish with a choice of - Tomato & Garlic / Cornish Cider, Smoked Bacon & Cream/ White Wine, Garlic, Cream and Parsley.	
The Lugger's Famous Fish Chowder - Mussels, squid, monkfish, tiger prawns & crab	
Fresh Crab Au Gratin - Laced with white wine & cheese sauce	
Tiger prawns - Pan fried in garlic & butter. Served with a side salad & bread	
Beer Battered Fish with our Home-Made Chips - with tartare sauce with peas or mushy peas	£10.95
Scampi & Chips - Served with tartare sauce with peas or mushy peas	£11.95
Whole Cornish Sole - laced with white wine & lemon*	£19.95
Monkfish - Pan fried in garlic and tomato or basil and cream*	£19.50

*Served with any two of the following: Salad or vegetables. New potatoes or chips

SIDES

Chips	£2.95	Onion Rings	£3.50	Chips with cheese	£3.50	New Potatoes	£2.95
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(V) Vegetarian

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We purchase our seafood from our very own Newlyn Fish Market which is subject to availability and seasonality



POULTRY DISHES

Served with a choice of new potatoes or chips, salad, or vegetables

Spice Island - Breast of chicken in garlic, cream & peppercorn sauce	£15.50
Sailors - Breast of chicken with prawns in a cream & mushroom sauce and a touch of tomato	£15.50
Top Deck - Breast of chicken topped with ham & mozzarella in a tomato sauce	£15.50
Liberty Bell - Breast of chicken cooked in orange, lemon & lime, plus a splash of Martini	£15.50
Chicken Goujons: Breaded chicken on a bed of salad with chips or new potatoes & a stay sauce	£15.50
Turkey & Ham Pie - Served with chips or new potatoes and seasonal vegetables	£10.95

MEAT / VEGGI DISHES

Pan fried to your requirement, served onion rings and a choice of vegetables or salad. New potatoes or chips

8oz Cornish Rump Steak	£16.50
8oz Cornish Ribeye Steak	£21.50
8oz Cornish Fillet Steak	£23.95
Add a Sauce to suit your Mood	£2.95
Roquefort sauce or Brandy & Peppercorn sauce (peppercorn & cream)	
Balsamic & mushroom topped with parmesan	
Mediterranean (Peppers, tomato, mushroom in red wine)	
Lugger Burger - 100% Cornish Ground Beef on a brioche bun served with salad and chips £9.95 with cheddar	£10.45
Gourmet Vegetarian / Vegan Burger (V/VG) £9.95 cheddar cheese (V) £10.45 vegan cheese (VG)	£10.65
Steak & Ale Pie - Served with chips or new potatoes and seasonal vegetables	£10.95
Cottage Pie - With seasonal vegetables	£9.95

SIDES

Chips £2.95	Onion Rings £3.50	Chips with cheese £3.50	New Potatoes £2.95
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(V) Vegetarian

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We purchase our steaks from our local Harvey Brothers Butcher's